

**Application for Membership 2016/2017**



Mr/Mrs /Ms \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_ e-mail: \_\_\_\_\_

Member: £5.....Associate Member: £5 (Not Mandatory).....

Cardiac Friends is established as a contact and support organisation. It can accept no responsibility or liability on the part of officers or other members for members or guests participation in any organised activities. Participants must accept entirely on their own behalf any risks arising from participation in any organised activities and by signing this form signify that they agree

Signed:.....(Member); .....(Associate Member)

**Please tick if you (member or associate) would like to join any of these groups**

No groups but would like to receive the newsletter  Notify all Social Events

- |                                 |                          |                       |                          |
|---------------------------------|--------------------------|-----------------------|--------------------------|
| Line dancing                    | <input type="checkbox"/> | London Theatre Visits | <input type="checkbox"/> |
| London guided Walks             | <input type="checkbox"/> | Swimming              | <input type="checkbox"/> |
| Wednesday Walks (3 Miles+)      | <input type="checkbox"/> | Exercise group        | <input type="checkbox"/> |
| Monday Walks (30 to 45 minutes) | <input type="checkbox"/> | Petanque              | <input type="checkbox"/> |
| Watercolour painting            | <input type="checkbox"/> | Games afternoon group | <input type="checkbox"/> |
| Quiz Nights                     | <input type="checkbox"/> | Heartsong             | <input type="checkbox"/> |
|                                 |                          | Places of Interest    | <input type="checkbox"/> |

**Jackie Quinn** – *Chairman*, 1462 631058 [Jacqueline.quinn@ntlworld.com](mailto:Jacqueline.quinn@ntlworld.com):

**Norman Webster** – *Treasurer*, 01438 312877 [nordiew@aol.com](mailto:nordiew@aol.com)

**Heather Cotton** – *Secretary* 31 Lawrence Ave Letchworth SG6 2EY 01462 621264 [h64@cotton10.plus.com](mailto:h64@cotton10.plus.com)

Website: <http://cardiacfriends.co.uk/>

PLEASE RETURN THIS FORM TO Mrs Heather Cotton if you wish to join us