



We need you today
 You may need us tomorrow
 To donate £5 text heli to 70500

BARN DANCE - 2014

FLORISTRY DAY - 2015

THE PAST



CHARITY FUND RAISE - 2016

Cardiac Friends
 have raised
£470.00
 for East Anglian Air Ambulance

Without your support we would not be able to fly our dedicated air ambulances and nor would our highly trained paramedics and doctors be able to help people at the scene of their accident or health emergency. Thank you for helping us to provide life saving services. Our helicopters are based at Cromford and Norwich and we can reach anyone anywhere in under 20 minutes, saving precious minutes in helping people when they most need it.

East Anglian Air Ambulance: proud to serve the communities of Bedfordshire, Cambridgeshire, Norfolk and Suffolk.

March 2016

www.eaaa.org.uk
 08450 669 999



MURDER MYSTERY EVENING - 2014



XMAS PARTY - 2013



HOLIDAY - 2013



**CARDIAC FRIENDS –
 ACTIVITIES & ENJOYMENT FOR ALL**