



## HEARTSONG

This is a bi-monthly group, and we meet 2-4pm at Holwell Village Hall, one mile off the A600 Bedford Road, a few miles north of Hitchin. **SatNav SG5 3SS**

We sing easy-to-learn songs which are taught by ear, so there is no need to be able to read music or be a regular singer. We sing for the enjoyment of singing together in a friendly group. It's also good for the lungs and grey matter! The sessions are run by Katie Rose (the daughter of John Burden, a Cardiac Friends member) who runs choirs in south London mostly with a focus on the health benefits of singing. She runs choirs for patients with heart and lung conditions, carers and NHS workers amongst others. The cost per session is £6, payable by card, as a voluntary contribution to covering costs.

If you would like to try a session, **contact John Burden by email, [burdjohn@hotmail.com](mailto:burdjohn@hotmail.com) or telephone, 07814 088994.**

## FUTURE DATES

### 2024

January 26th

March 22nd

May 17th

July 26th

September 27th

November 29th